

RASTI'S FIGURE SKATING SUMMER CAMP SLOVAKIA 2025

Invites you to the 8th annual International Figure Skating Camp for all categories

FROM BEGINNERS TO HIGH LEVEL + ADULT

June 30 - July 05, 2025 1 CAMP WEEK ARENA PEZINOK, SLOVAKIA



PLACE

Arena Pezinok, Rozalka 7, 902 01 Pezinok

ORGANIZERS

Mgr. Rastislav Vnučko, Sokolska 13, 903 01 Senec

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COACHES TEAM

More information https://www.rastiskatingcamp.com/COACHES-TEAM.php

Rastislav Vnučko (SVK) - Head Coach & Leader of the Camp - jumps, spins, steps technique Speaks English, Swedish, Russian, Slovak, Polish

<u>David Haywood (GB)</u> - Head Coach - jumps, spins, steps technique Speaks English, Swedish

Zuzana Horoscakova (SVK) - Head Coach - jumps, spins, step technique

Speaks English, Slovak, Russian

Renáta Kusíková (SVK) - Coach & Off-ice Coach - preparation for test levels, off-ice specialist Speaks English, Slovak

DATES & RATES

Beginning: Monday **30/06/2025** at 8:00 am

End: Saturday 05/07/2025 after training session (lunch)

Arrival day: Sunday 29/06/2025 check-in until 5:00 pm (welcome dinner at 6:00 pm)

1 CAMP WEEK INCLUDES:

- 6 Days of training
- 21 Training lessons
 - 16 x 45 min. On-Ice

10 x 45 min. training (technique, jumps, spins) with a maximum of 5 skaters by coach6 x 45 min. training (skating skills + steps) with 2 specialists

- 5 x 45 min. Off-Ice
- Coaches Team fee maximum 15 skaters and 3 coaches on ice
- Mid-morning snack fresh fruit every day
- Original gift with logo of the camp

PRICE - 550 €

APPLICATION Registration is open until April 30, 2025

Please, fill out the online registration form https://rastiskatingcamp.com/camp-2025.php

PAYMENT

150 EUR deposit within 3 days of sending the application.

The rest of payment has to be paid until May 31, 2025.

Payment for accommodation and meals can be made upon arrival by bank transfer or in cash.

BANK DETAILS

Name of the bank: TATRABANKA, a.s.

Address of the bank: Hodzovo namestie 3, 811 06 Bratislava 1, Slovakia

Name of account holder: Elena Vnucko Fabik

SWIFT: TATRSKBX

IBAN: SK79 1100 0000 0029 1787 8586

Please make sure to mark in the message skaters full name

Please note: no bank costs for the receiver

ACCOMMODATION AND FOOD

HOTEL ROZALKA is located directly at the ice rink. Each room is equipped with a separate bathroom with shower, toilet and a package of basic cosmetics. Each room has a TV, telephone and free Wi-Fi. Rooms have air conditioning. The area is surrounded by a pond, forests and hiking trails. During leisure, you can play billiards, chess, table tennis, tennis, football, basketball, volleyball on the multifunctional court, or book horse riding. There is also a large new playground and a mini ZOO. http://www.rozalka.sk/en

The hotel is reserved for our camp and has a limited capacity.

The organizers reserve the right to make changes regarding accommodation in Hotel Rozalka.

ACCOMMODATION PRICE LIST:

Comfort Double room 44 € / person / night

Comfort Double room 74 € / occupied only by 1 person / night

City tax is not included in the price 1 € /person/ night

Animal (cat, dog) 16 € / night

FOOD:

Full board will be served in the main restaurant.

Extended continental breakfast - hot and cold buffet.

Lunch and dinner menu includes, soup, main course - choice of 2 types of dishes, fresh salad, and water with lemon or fruit water.

Price per day: 29 € / person / full board

14,50 € / person / lunch - for the participant only on the training session without accommodation

Accommodation is not possible without full board.

The hotel requires full board from all participants.

SPECIAL OFFER

ADDITIONAL PRIVATE LESSON

Individual training includes 45 minutes, with the option to choose any of the official camp coaches.

The price for 1 lesson is 60 €

VESTIBULAR SIMULATOR

Possibility of private lessons on a vestibular simulator with harness. The simulator was created by Russian specialists for the development of the vestibular apparatus, balance, acceleration of rotation and increases the level of ability of the athlete for multiple jumps. The price for 1 minute is $1 \in$

PROFFESIONAL SHARPERING & BLADE MOUNTING

Sharpening - 20 € Blade Mounting - 50 €

TRANSPORT

We cooperate with the leader company which offer the highest standards in the field of transportation. We offer a transfer (from-to) Vienna Airport - Pezinok - Hotel Rozalka. We are also able to arrange the transport according to your needs.

GENERAL TERMS AND CONDITIONS

- The application itself does not guarantee participation in the RASTI'S CAMP 2025 until the price for the camp is paid in full.
- In case of non-participation in the camp, the payment for the deposit is not refundable.
 It is advisable to find a replacement for yourself.
- You can cancel camp until May 31 by presenting a valid medical certificate of injury or illness and you will be refunded 50% of the full amount paid for the camp.
- Each participant must have valid health insurance in the territory of the Slovak Republic, at the time of the training camp.
- We request that underage figure skaters participate in the camp accompanied by a parent or responsible person.
- Organizers are not responsible for damages caused by participants of RASTI'S CAMP 2025 to a third party.
- Participation in the training is at the own responsibility of the participants, in the case of minors under the responsibility of legal representatives or the person responsible for them.
- Water: it is safe to drink a tap water in Slovakia

We look forward to seeing you on camp!

Rasti & El Vnučko